



English

**Assisting Refugees to Access
Psychological Support**

Access to routine psychological care following a displacement experience



Our Services

We help **refugees**.

For children, teenagers, and adults.

You can come to us if you're not feeling well.

For example, if you're experiencing:

- **anxiety, sadness, stress, or painful memories**

Initial Consultation

We'll talk together first.

We'll listen to you.

Together, we'll figure out what kind of help is right for you.

The consultation takes place at Witten/Herdecke University.

The consultation can also take place online.

If you speak little German:

We will arrange for an **interpreter**.

Important

The consultation is **free of charge**.

You will need a **health insurance card**.

What happens next?

We will help you find the right support.

We will refer you to services in your area, such as:

- psychotherapist
- Counseling centers



Kontakt

Please contact us:



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