

Publikationen zu Yoga aus der Arbeitsgruppe

Orcid ID: www.orcid.org/0000-0002-5025-7950



Peer Reviewed Journals

1. Büssing A, Poier D, Ostermann T, Kröz M, Michalsen A: Treatment of chronic lower back pain: Study Protocol of a comparative effectiveness study on Yoga, Eurythmy Therapy and physiotherapeutic exercises. *Complementary Medicine Research* 2018;25:24-29 (published online: July 3, 2017; DOI: 10.1159/000471801)
2. Lötze D, Wiedemann F, Recchia DR, Ostermann T, Sattler D, Ettl J, Kiechle M, Büssing A: Iyengar-Yoga compared to exercise as a therapeutic intervention during (neo)adjuvant therapy in women with stage I-III breast cancer: Health-related quality of life, Mindfulness, Spirituality, Life Satisfaction and Cancer-related Fatigue. *Evidence-based Complementary and Alternative Medicine* 2016, Article ID 5931816, 8 pages, 2016. doi:10.1155/2016/5931816.
3. Michalsen A, Traitteur H, Lüdtke R, Brunnhuber S, Meier L, Jeitler M, Büssing A, Kessler C: Yoga for chronic neck pain: a pilot randomized controlled clinical trial. *Journal of Pain* 2012; 13(11):1122-1130
4. Büssing A, Khalsa SBS, Michalsen A, Sherman K, Telles S: Yoga as a therapeutic intervention. *Evidence-based Complementary and Alternative Medicine* 2012; Article ID 174291.
5. Boehm K, Ostermann T, Milazzo K, Büssing A: Effects of yoga interventions on fatigue: a metaanalysis. *Evidence-based Complementary and Alternative Medicine* 2012; Article ID 124703,
6. Michalsen A, Jeitler M, Brunnhuber M, Lüdtke R, Büssing A, Musial F, Dobos G, Kessler C: Iyengar yoga for distressed women: a 3-armed randomized controlled trial. *Evidence-based Complementary and Alternative Medicine* 2012 Article ID 408729
7. Büssing A, Michalsen A, Khalsa SBS, Telles S, Sherman K: Effects of Yoga on Mental and Physical Health: A Short Summary of Reviews. *Evidence-based Complementary and Alternative Medicine* 2012; Article ID 165410
8. Büssing A, Hedtstück A, Khalsa S.B.S, Ostermann T, Heusser P: Development of Specific Aspects of Spirituality during a 6-Month Intensive Yoga Practice. *Evidence-based Complementary and Alternative Medicine* 2012; Article ID 981523
9. Büssing A, Ostermann T, Lüdtke R, Michalsen A: Effects of yoga interventions on pain and pain-associated disability: a meta-analysis. *Journal of Pain* 2012;13(1):1-9.
10. Büssing A, Edelhäuser F, Weisskircher A, Fouladbakhsh JM, Heusser P: Inner correspondence and feelings of peaceful easiness in participants practicing Eurythmy Therapy and Yoga: A validation study. *Evidence-based Complementary and Alternative Medicine (eCAM)* Volume 2011, Article ID 329023