

**Prof. Dr. phil. Ulrike Willutzki, Dipl.-Psych. – CV**

<b>Current Position</b>	<b>Head of the unit “Psychotherapy and Clinical Psychology” (W3 Professor)</b> Department of Psychology and Psychotherapy Faculty of Health, University Witten/Herdecke, Germany
<b>Education</b>	
1978-1885	Study of psychology, Ruhr-University Bochum (Bochum) & Free University Berlin, Berlin
<b>Qualifications</b>	
2020	Additional Accreditation for Systemic Therapy
2000	Habilitation (Clinical Psychology and Psychotherapy)
1999	Accreditation as Psychological Psychotherapist (Behavior Therapy)
1989	PhD (Dr. phil.)
1985	Diploma (Dipl.-Psych.)
<b>Professional Positions</b>	
Since 2013	<b>Head of the unit “Psychotherapy and Clinical Psychology”, Department of Psychology and Psychotherapy, Faculty of Health, University Witten/Herdecke</b> Head of the „Zentrum für Psychische Gesundheit und Psychotherapie“ (Center for Psychosocial Health and Psychotherapy) at University Witten/Herdecke (for adults, and children and adolescents)
1986 – 2013	Scientific employee at Ruhr-University Bochum, Faculty for Psychology, Department of Clinical Psychology and Psychotherapy, Germany
2003	University of Chicago, Committee on Human Development, Chicago (USA)
2004/5	Interim Professorship (Clinical Psychology), University of Siegen
2009/10	Interim Professorship (Clinical Psychology and Psychotherapy), Ruhr-University Bochum
<b>Research Interests</b>	
	Psychotherapy-Process-Outcome-Research, Professional Development of Psychotherapists, Social Phobia, Affective Disorders, Strengths-Orientation in Psychotherapy, Psychotherapy for Adults with Intellectual Disability, Psychotherapy for Refugees

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<b>Functions</b>	
Since 2011	Member of the Scientific Board Psychotherapy (Advisory Board on Psychotherapy for the German Ministry of Health)
Since 2013	Member of the Steering Committee of SPRISTAD (Society of Psychotherapy Research Interest Section on Psychotherapy Training and professional Development)
2018 - 2020	Chair of the Steering Committee of SPRISTAD (Society of Psychotherapy Research Interest Section on psychotherapy Training and professional Development)
<b>Third Party Funding</b>	
Received grants from the following Funding Bodies	German Research Foundation (DFG), German Ministry of Education and Research (BMBF), Society of Psychotherapy Research (SPR)
<b>Selected Publications</b>	<p>Schürmann-Vengels, J., Appelbaum, S., Apel, M.-K., Trimpop, L., Muermans, M.M., Ostermann, T., Teismann, T. &amp; Willutzki, U. (2022). Association of patients' pre-therapy strengths and alliance in outpatient psychotherapy: A multilevel growth curve analysis, <i>Psychotherapy Research</i>, DOI: 10.1080/10503307.2022.2146543</p> <p>Margraf, J., Hoyer, J., Fydrich, T., In-Albon, T., Lincoln, T., Lutz, W., Schlarb, A., Schöttke, H., Willutzki, U. &amp; Velten, J. (2021). The cooperative revolution reaches Clinical Psychology and Psychotherapy: An example from Germany. <i>Clinical Psychology in Europe</i>, Vol. 3(1), Article e4459, <a href="https://doi.org/10.32872/cpe.4459">https://doi.org/10.32872/cpe.4459</a>.</p> <p>Graser, J., Menge, E., Lyons, N., Willutzki, U. &amp; Michalak, J. (2020). Verhaltenstherapie bei Erwachsenen mit intellektueller Beeinträchtigung: Ein systematischer Review. <i>Verhaltenstherapie</i>. doi: 10.1159/000508955</p> <p>Odyniec P, Probst T, Göllner R, Margraf J, Willutzki U. (2019). An exploratory study of patients' sudden losses during outpatient CBT and therapists' experience of difficulties. <i>J. Clin. Psychol.</i> 2019;1–20.</p> <p>Teismann, T., Ertle, A., Furka, E., Willutzki, U. &amp; Hoyer, J. (2016). The German Version of the Behavioral Activation for Depression Scale (BADS): A Psychometric and Clinical Investigation. <i>Clinical Psychology &amp; Psychotherapy</i>, 23, 217–225.</p> <p>Orlinsky, D.E., Strauss, B., Ronnestad, M.H., Hill, C., Castonguay, L., Willutzki, U., Hartmann, A., Taubner, S. &amp; Carlsson, J. (2015). A Collaborative Study of Development in Psychotherapy Trainees. <i>Psychotherapy Bulletin</i>, 50 (4), 21–25.</p>

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	<p>Leichsenring, F., Salzer, S., Beutel, M.E., Herpertz, S., Hiller, W., Hoyer, J., Huesing, J., Joraschky, P., Nolting, B. Poehlmann, K., Ritter, V., Stangier, U., Strauss, B., Tefikow, S., Teismann, T., Willutzki, U., Wiltink, J., &amp; Leibing, E. (2014). Long-term outcome of psychodynamic therapy and cognitive-behavioral therapy in social anxiety disorder. <i>American Journal of Psychiatry</i>, 171 (10), 1074-1082.</p> <p>Willutzki, U., Teismann, T. &amp; Schulte, D. (2012). Psychotherapy for Social Anxiety Disorder: Long-Term Effectiveness of Resource-Oriented Cognitive-Behavioral Therapy and Cognitive Therapy in Social Anxiety Disorder. <i>Journal of Clinical Psychology</i>, 68 (6), 581-591.</p> <p>Strauss, B., Barnow, S., Brähler, E., Fegert, J., Fliegel, S., Freyberger, H.J., Goldbeck, L., Leuzinger-Bohleber, M. &amp; Willutzki, U. (2009). Forschungsgutachten zur Ausbildung in Psychologischer Psychotherapie und Kinder- und Jugendlichenpsychotherapie (Expertise on the Training for Psychological Psychotherapists and Child and Adolescent Therapists in Germany). Berlin: Bundesministerium für Gesundheit (Ministry of Health).</p> <p>Orlinsky, D.E., Rønnestad, H.M. &amp; Willutzki, U. (2004). Fifty Years of Psychotherapy Process-Outcomes Research: Continuity and Change. In M. J. Lambert (Ed.), <i>Bergin and Garfield's Handbook of Psychotherapy and Behavior Change</i>, 5th Ed (pp. 307-389). New York: Wiley.</p>
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- Willutzki, U., Teismann, T. & Schulte, D. (2012). Psychotherapy for Social Anxiety Disorder: Long-Term Effectiveness of Resource-Oriented Cognitive-Behavioral Therapy and Cognitive Therapy in Social Anxiety Disorder. *Journal of Clinical Psychology*, 68 (6), 581-591.
- Strauss, B., Barnow, S., Brähler, E., Fegert, J., Fliegel, S., Freyberger, H.J., Goldbeck, L., Leuzinger-Bohleber, M. & Willutzki, U. (2009). *Forschungsgutachten zur Ausbildung in Psychologischer Psychotherapie und Kinder- und Jugendlichenpsychotherapie (Expertise on the Training for Psychological Psychotherapists and Child and Adolescent Therapists in Germany)*. Berlin: Bundesministerium für Gesundheit (Ministry of Health).
- Orlinsky, D.E., Rønnestad, H.M. & Willutzki, U. (2004). Fifty Years of Psychotherapy Process-Outcomes Research: Continuity and Change. In M. J. Lambert (Ed.), *Bergin and Garfield's Handbook of Psychotherapy and Behavior Change*, 5th Ed (pp. 307-389). New York: Wiley.