

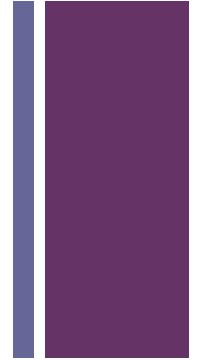


Psychotherapists in Training

An International
Collaborative Multisite
Longitudinal Study of
Professional
Development



Aims of SPRISTAD

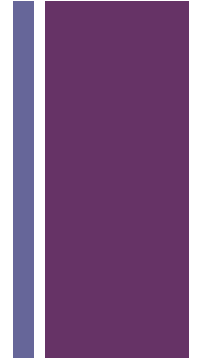


Study Goals

- (1) tracking **progressive changes** over time in trainees as therapists, and
- (2) identifying factors that tend to **facilitate or impede** trainee development, by
- (3) gathering **quantitative and qualitative data** from a large number of **psychotherapy trainees** of various types in a wide range of **training programs**



A BRIEF HISTORY OF SPRISTAD

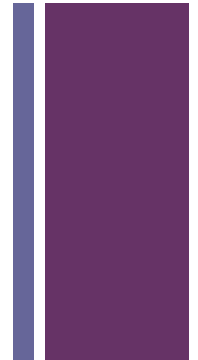


SPR-meetings since 2012

- VIRGINIA BEACH, USA; BRISBANE, AUSTRALIA;
OXFORD, ENGLAND; MEMPHIS, USA; COPENHAGEN,
DENMARK; PHILADELPHIA, USA; KLAGENFURT,
AUSTRIA; JERUSALEM, ISRAEL; TORONTO, CANADA;
OXFORD, UK; AMSTERDAM, NL; BUENOS AIRES, AR;
KRAKOW, PO; Heidelberg, G
- NOW: Dublin, IR...



SPRISTAD - STRUCTURE



ORIGINAL STEERING COMMITTEE

- DAVID ORLINSKY (Chair), BERNHARD STRAUSS (Chair-Elect), CLARA HILL, LOUIS CASTONGUAY, JAN CARLSSON (Counselors)

CURRENT STEERING COMMITTEE

- THOMAS SCHRÖDER (Chair), ERKKI HEINONEN (Chair-Elect), ARMIN HARTMANN (Past-Chair),
 - HENRIETTE LÖFFLER-STASTKA, IRENE MESSINA, JAN PIRKE (Counselors)
- RESEARCH COMMITTEE
 - STEERING COMMITTEE MEMBERS + DAVID ORLINSKY



The instruments

MAJOR COLLABORATIVE WORK

- TO DEVELOP INSTRUMENTS THAT CAN BE USED INTERNATIONALLY TO ASSESS

- TRAINING SITES AND TRAINING STRUCTURE (by training staff)

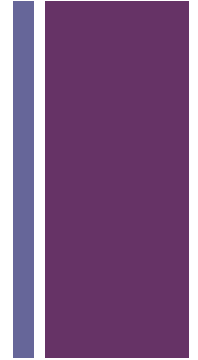
- TRAINEES BASIC CHARACTERISTICS WHEN ENTERING TRAINING

- TRAINEES EXPERIENCE DURING TRAINING

- Optional:
 - TRAINEES EXPERIENCE WITH PATIENTS
 - SUPERVISORS PERCEPTIONS OF TRAINEES AND THEIR WORK

+ RESEARCH INSTRUMENTS

- languages available



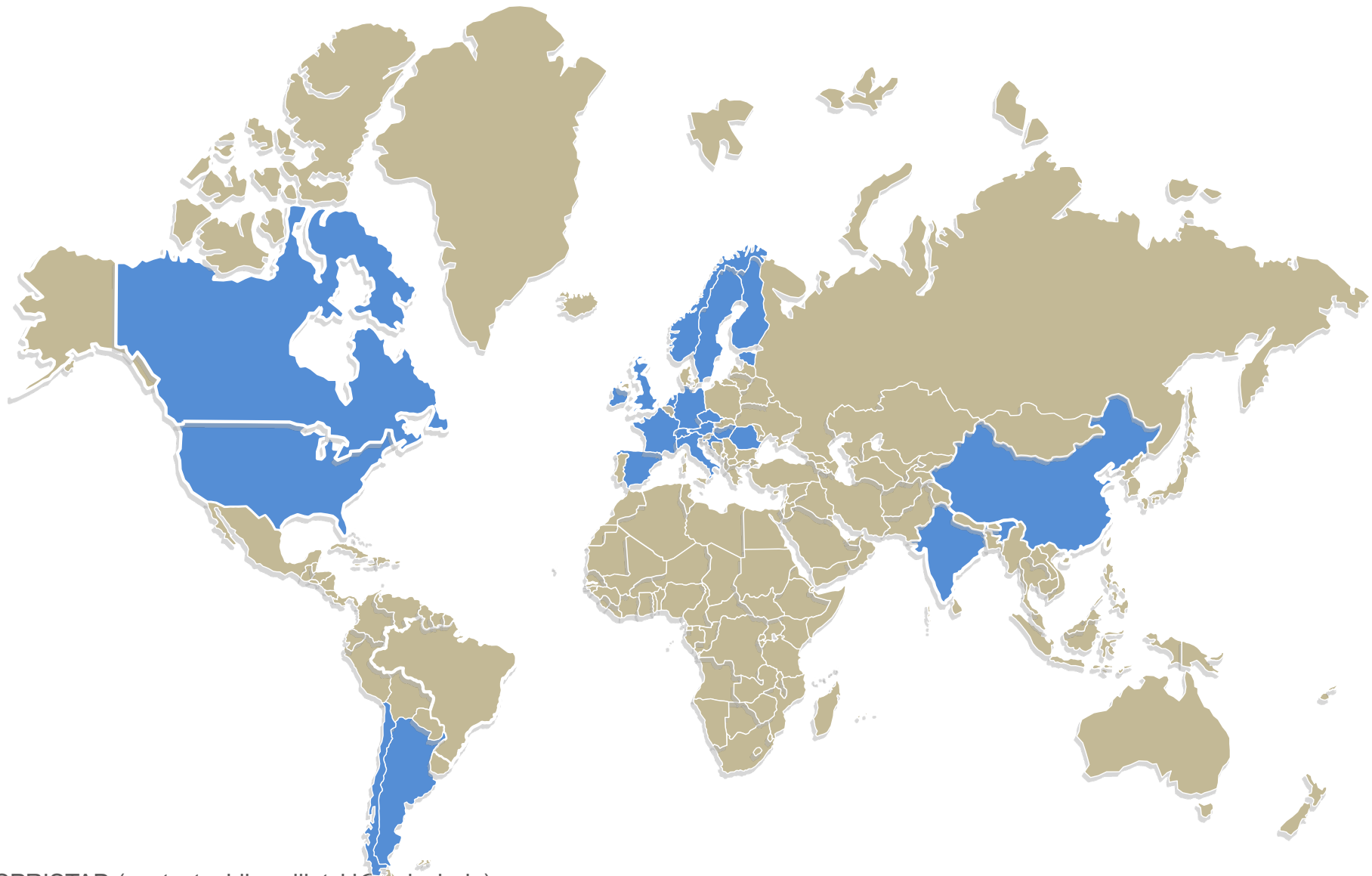
INSTRUMENT LANGUAGES

Available in:

ENGLISH, FRENCH, DUTCH, ITALIAN, SPANISH, GERMAN,
FINNISH, LITHUANIAN,, ROMANIAN, *SLOVENIAN*, & ...

Current translations: Chinese, Croatian, Hungarian

SPRISTAD – the world view





Full Sample: Trainees participating in SPRISTAD

