

Dear colleagues and friends all over the world,

2020 is a remarkable year, unfortunately not in the best sense. Still you, and colleagues all over the world, are active with psychotherapy training and many also with SPRISTAD. All the information about the processes that you experience are very valuable, and rich – thank you!!

To give you a short overview about the status of the project:

- Since January 2017, together with you a total of 1512 trainees from 76 training institutes in 19 countries (Argentina, Austria, Canada, Chile, Denmark, Finland, France, Germany, India, Ireland, Italy, Lithuania, the Netherlands, Norway, Romania, Slovenia, Sweden, Switzerland, United Kingdom, United States) have shared information with us about their professional and private background with the Training Background Information Form.
- Also, the longitudinal assessments have been going on: About 750 trainees have described their initial experiences in training programs; 340 of them came back after another 6 months, 200 after another 6 months, and 75 after another 12 months. They all answered the Training Current Practice Report (TCPR) on these occasions. – Participation over time decreases substantially; still quite a few trainees are on the way for consecutive assessments.
- Quite a few of our participants have also given permission to link their perspective to other research projects (for example concerning their patients' outcome).
- Technically, we had some problems because the online-platform Limesurvey that we use released a new version (and is on the way to discard the old one). This version will make things easier in the long run, but required quite substantial reorganization of processes in the short run.

- We have set up a website with information about the project and participation in it, for training institutes and trainees (<https://www.uni-wh.de/index.php?id=927&L=snldgwowzypqpn>).

What about the future?

- We are looking forward to having training institutes in Croatia, Greece, Israel and Slovenia to take part in SPRISTAD with the basic instruments (TBIF, TCPR) in the near future!
- A major data collection with the SPRISTAD instruments is also under way in Scandinavia, within the NORTRAS-project.
- Because of requests from various people, we modified the TCPR a bit, adding some questions on the financial situation of our trainees.
- Further instruments that can be used are:
  - With the TCPR-C you as a trainee can choose to report more specifically on your work with a specific client or patient over time;
  - if you regard that as worthwhile you can also invite your supervisor to tell us something about his/her perspective on your work with your client or patient.
    - The English versions of these instruments are currently available; as many questions overlap with other instruments, additional translations should be easy (and volunteers are welcome to support us).
- The feedback system for trainees is active: If you as a trainee want to have a look at your individual responses, let us know: We compute some scales, relate them to prior work on professional development of psychotherapists

(Orlinsky & Ronnestad, 2004) – and send you that feedback (available in English).